



**CLONAKILTY**

## **CHEF EDWARD HAYDEN'S RHUBARB MERINGUE ROULADE**



By Irish Yogurts Clonakilty  
Rhubarb Meringue Roulade  
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### Method

- Line a large Swiss roll tray (13 x 9 ½ inches) with parchment paper ensuring that both the base and the sides are covered.
- Put the egg whites into a large, spotlessly clean, mixing bowl and beat rapidly until the mixture forms stiff peaks. You can use an electric hand whisk or a food mixer for this process. When the mixture has formed the peaks add in the sugar gradually, whisking thoroughly between each addition. When the correct consistency is achieved, the mixture should be glossy and stiff.
- Spread the mixture onto the prepared baking sheet and sprinkle with the flaked almonds.
- Bake at 150°C for 20 minutes until lightly browned.

Allow to cool in the tin.

### **To Assemble the Roulade**

- Turn out onto a large piece of parchment dusted with icing sugar, facing the side with the



flaked almonds down and ensure that the meringue is completely cold.

- Spread with the [Irish Yogurts Clonakilty Whole Milk Natural Live Yogurt](#).
- Carefully add on the chilled rhubarb compote and roll up in one fast action
- Pipe some additional cream on the top and arrange some extra berries on the top.
- Decorate with mint leaves. Transfer to the serving platter and dust with icing sugar.

**Rhubarb Compote:**

- Bring to the boil for 5-8 minutes. Allow to cool and use as required.

Ingredients

- 200g of [Irish Yogurts Clonakilty Whole Milk Natural Live Yogurt](#)
- 4 large egg whites
- 225g caster sugar
- 50g flaked almonds
- Whipped Cream, Mixed berries & Mint Leaves-To Garnish

**Rhubarb Compote:**

- 3-4 sticks rhubarb-sliced
- 100g caster sugar
- 1 tablespoon water
- 1 teaspoon grenadine syrup

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